A Premed Student’s Steps to Medical School

1. College Freshman Year
   - Explore Your Options for Careers in Medicine
   - Visit Aspiring Docs website
   - Meet with an advisor
   - Attend prehealth meetings
   - Apply to summer programs
   - Explore financial aid options

2. Summer
   - Get Some Experience
   - Participate in enrichment programs
   - Volunteer or intern in the field

3. College Sophomore Year
   - Stay on Track for Medical School
   - Work with your prehealth advisor
   - Attend prehealth meetings
   - Volunteer/work in a medical-related field

4. Summer
   - Get More Experience and Look at Resources
   - Review AMCAS application process
   - Look into Fee Assistance Program
   - Prepare for Medical School Interviews
   - Consult with your advisor
   - Get interview tips from Aspiring Docs website

5. College Junior Year
   - Make a Game Plan With Your Advisor
   - Register early!
   - Use Medical School Admission Requirements to compare schools
   - Begin filling out AMCAS application
   - Get research or internship experience
   - Review AMCAS application process
   - Look into Fee Assistance Program
   - Review the MCAT registration process

6. Summer
   - Get Ready for Medical School
   - Finalize and submit your AMCAS application
   - Continue to volunteer/work
   - College Senior Year
   - Prepare for Medical School Interviews
   - Consult with your advisor
   - Get interview tips from Aspiring Docs website
   - If accepted: Decide which medical school you want to attend
   - Complete FAFSA and financial aid forms; visit FIRST at aamc.org/FIRST

7. College Senior Year
   - Prepare for Medical School Interviews
   - Consult with your advisor
   - Get interview tips from Aspiring Docs website

8. Summer
   - Receive Letters of Acceptance or Rejection
   - If accepted: Decide which medical school you want to attend
   - Complete FAFSA and financial aid forms; visit FIRST at aamc.org/FIRST

9. College Graduation
   - If waitlisted or rejected: Talk with your advisor
   - Consider a gap year or post-bacc program
   - Explore at students-residents.aamc.org/postbacc

Things to discuss with your advisor:
- Taking a gap or growth year
- Post-bacc programs
- When to take the MCAT exam
- Letter of recommendation
- Personal and professional goals

This infographic represents a basic timeline of the steps toward medical school. Your advisor and AAMC resources can help you individualize the timeline and steps.

aamc.org/students